



*Spa &
Salon*

Revised 2-1-08

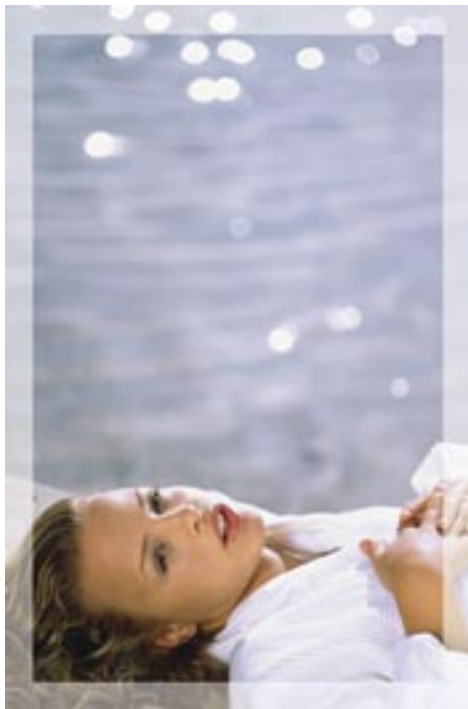
Casa Blanca Spa



Just a stone's throw south of Casa Blanca lies the Virgin River, a waterway that has played a central role in the legends and history of this colorful country.

Some two thousand years ago the Virgin River and its mineral-rich water attracted the first human inhabitants. The river, the Native Americans believed, possessed "puagant" or sacred powers. They called it the "River of Life". History repeats itself as Casa Blanca brings new life to the Virgin Valley.

"Taking the waters" at the Spa at Casa Blanca is an extrasensory experience. The aquassage water therapy treatment will revive and refresh you. A long, lazy soak in our heated mineral water soaking pools guarantee complete relaxation.



How To Spa



WHO WILL HELP ME DECIDE HOW TO CHOOSE MY TREATMENTS?

Our Spa Receptionist will help you plan the perfect Spa experience, including the best sequence for your treatments.

WHAT IF I HAVE SPECIAL HEALTH PROBLEMS?

Please notify a Spa Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. All Spa guests will be asked to complete a brief medical questionnaire upon check-in, designed with your well-being in mind.

MAY I REQUEST A MALE OR FEMALE THERAPIST?

Yes, of course, but we cannot guarantee the availability of a particular therapist or gender. Whether you choose a person of the same or opposite gender, all of our therapists are trained to drape towels discretely over areas of the body not involved with the treatment. We respect and protect your privacy at all times.

WHAT DO I WEAR DURING MY TREATMENT?

Most body treatments are enjoyed without clothing. Undergarments may be worn if preferred. Most importantly, wear what is comfortable for you. Please bring your swimsuit and sandals. We ask that guests shower prior to their treatments or using the pools. Towels, robes and lockers are provided for our guests with appointments.

WHAT ABOUT MY COMFORT?

This is your time and you should delight in the experience to the fullest. Whether it's the room temperature, the amount of massage pressure or the volume of the music... just tell us.

IS THERE A MINIMUM AGE?

All Spa guests must be at least 21 years of age. Salon services are available for all ages.

SHOULD MEN SHAVE BEFORE A FACIAL?

Shaving isn't necessary, but it is recommended. If you shave prior to your facial, be sure to do so at least two hours prior to your scheduled appointment.

WHAT IF I'M LATE FOR MY APPOINTMENT?

We suggest that you arrive at least 30 minutes prior to your first scheduled appointment so that you may enjoy our relaxation room, two mineral water soaking pools and eucalyptus steam room. Arriving late will simply limit the time for your treatment, potentially reducing its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

WHAT ABOUT PAYMENT FOR SPA SERVICES?

We accept all major credit cards and travelers checks. You may also charge Spa services to your hotel account.

HOW DO I MAKE A RESERVATION?

We suggest making all Spa reservations at least two weeks in advance. Not all treatments are available every day. For appointments call 866-401-6021.

WHAT IF I NEED TO CANCEL MY APPOINTMENT?

Because your Spa and Salon services are reserved for you, we ask that you notify us at least 24 hours in advance if you need to cancel or reschedule. Fifty percent of the value of your service will be charged for cancellations with less than 24 hour notice. All cancellations must be verified with cancellation number.

HOTEL GUESTS - We provide our hotel guests with use of the mineral water soaking pools and eucalyptus steam room for a nominal daily fee.

SPA HOURS - 7:00 am - 9:00 pm seven days a week.

Tips are not included in the cost of any Spa or Salon service and are sincerely appreciated. All Spa and Salon treatments and prices are subject to change.

All prices subject to change without prior notice.



BACK, SHOULDER & NECK MASSAGE

A Swedish massage technique, concentrated on back, shoulders & neck to quickly relieve tension & improve circulation.

30 Minutes \$40

SWEDISH MASSAGE

An oiled, relaxing, therapeutic massage incorporating long flowing and kneading strokes. Increases circulation and deeply soothes. Recommended for first time massage.

60 Minutes \$75

90 Minutes \$105

COMBO MASSAGE

A blend of Swedish and Shiatsu massage which generates a profound sense of relaxation.

60 Minutes \$80

90 Minutes \$110

THE DELUXE AROMA EXPERIENCE

Pure essential oils are used in this full body massage that includes the abdomen. During the massage, spinal pressures, muscular release, lymphatic drainage and foot reflexes are worked.

60 Minutes \$110



DEEP TISSUE MASSAGE

A specific technique which unlocks deep-seated tension and emotional obstructions. Great for the really stressed!

60 Minutes \$90
90 Minutes \$120



SPORTS MASSAGE

Sports massage can utilize both Swedish and deep tissue techniques depending on the client's performance related needs. An excellent treatment when preparing for sports activities or after a strenuous workout.

60 Minutes \$90
90 Minutes \$120

COUPLES MASSAGE

A special time to enjoy a Swedish Massage together with two of our massage therapists.

60 Minutes \$160

DELUXE COUPLES TREATMENT

Private pool time combined with Couples Massage.

25 Minutes \$185



REFLEXOLOGY

Specific for hands and feet. Plentiful nerve endings connect to all body parts. A caring therapist breaks up the crystallization and moves blocked energy.

30 Minutes \$60
60 Minutes \$85



PREGNANCY MASSAGE

Designed for the Mother-to-be, this massage uses light to medium pressure and is a full-body massage. A special cushioning support system is utilized to assure a comfortable, relaxing & enjoyable experience.

60 Minutes \$80

REVIVE CELLULITE TREATMENT

Detox, eliminate and tone with this invigorating and effective treatment specifically designed to target areas of cellulite on the legs, stomach and buttocks. Deep manipulative tissue massage and superficial stimulation will flush out trapped toxins. An application of mud is applied to draw, firm and tone the skin.

60 Minutes \$100

Body Treatments



SCALP MASSAGE

Rehydration of the hair and scalp is vital to good health. Wonderful for the relaxation of neck and shoulders. The oils used bring continued benefit for several hours.

30 Minutes \$50

BODY POLISH

Removes dead, rough and flaky skin and leaves it feeling stimulated and smooth.

30 Minutes \$50

POLISH AND SHINE

Combines our Body Polish with a moisturizing rub.

60 Minutes \$80



SALT GLOW

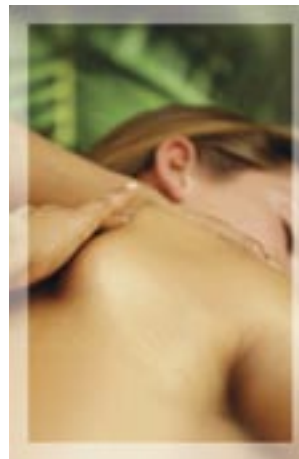
Here, the ancient art of hydrotherapy is renewed. Combines invigorating Epsom Salt rub, steam, and soothing liniment rubdown with light foot massage. Do not shave legs the day of treatment.

60 Minutes \$75

SEA KELP CLAY WRAP

Sea Kelp hydrates and re-mineralizes the skin, the clay exfoliates and detoxifies. This treatment starts with a light dry brushing and ends with a half hour lemon oil massage.

90 Minutes \$115



LOOK BETTER NAKED

A complete body treatment featuring an exfoliating Salt Scrub Souffle, a dead sea mineral Body Facial mask and ending with an application of Soy Algae Body Oil.

60 Minutes \$85

Add a 30 minute body butter massage

90 Minutes \$115

COFFEE SCRUB

Coffee, a diuretic combined with salt, increases lymphatic drainage and rids the body of toxins. It leaves your skin firm and silky smooth. If you love the smell of coffee, you will love this!

60 Minutes \$85

Add a 30 minute massage for the Coffee and Cream.

90 Minutes \$110

PURE FIJI COCONUT WRAP

The skin is gently dry brushed and warmed oil that contains vitamins and anti-oxidant is applied. The body is then wrapped while a hot oil scalp massage releases tension. Hydrating the skin and detoxifying the system will leave your mind renewed and your body restored.

60 Minutes \$120

PURE FIJI SUGAR GLOW

Pure cane sugar from Fiji and Coconut oil, rich in vitamins and anti-oxidant, gently polishes the skin. During this treatment you will receive a hot oil scalp massage followed by an application of same scented lotion. A total body experience.

90 Minutes \$130

MANA SCRUB

Designed using Pure Fiji products specifically for men. From the time honored cultures of the Pacific to you, this treatment is designed to polish your skin, using coconut ground drift nuts, followed by warm coconut oil that is massaged into your scalp, and finished with an application of Mana'ia Lotion to keep you skin supple, smooth and rejuvenated.

90 Minutes \$130



ROSE RENEW BODY BOOSTER

Relax in this fragrant cocoon for a total blissful experience. First the skin is exfoliated, and then rich, nourishing Damask Rose creams and oils are applied from top to toe, to pamper body and senses. Tension is eased with a scalp massage as the body is gently enveloped. This treatment is recommended for those who are pregnant, or those who have dry mature skin or just need pampering.

60 Minutes \$115

DEAD SEA EXPERIENCE

You will receive a body scrub with Dead Sea Salt followed by an application of the Dead Sea Mud to rid the body of trapped toxins which cause cellulite. This treatment is concluded with an application of firming oil to the thighs and buttocks, aromatic oils to upper chest and finishing with application of aroma lotion, a true pampering delight for all your senses!

90 Minutes \$130



CUSTOMIZE YOUR TREATMENTS

Hot Rocks	Neck & Back	\$20
Tattered Tootsies	Foot Exfoliation	\$20
Aromatherapy	add to Massage	\$15
Tiger Balm Liniment	Sore Muscles	\$10
Scalp Treatment	Hydrating Masque	\$10
Warm Towels	Neck & Feet	\$10
Dry Brushing	Total Body	\$10

Alternative Therapies



WATSU®

Yoga-like water dance that applies the principles of massage, pressure point work, stretching and energy flow while floating in warm mineral water.

60 Minutes \$95

AQUASSAGE

Similar to Watsu®, with concentration of Shiatsu.

60 Minutes \$90

REIKI

A gentle laying on of hands with a soothing healing touch, transferring therapeutic energy. A great treatment for anyone looking for an alternative to massage.

60 Minutes \$80

IN-EAR BALANCE

This treatment combines a relaxing scalp massage and ear candling. Ear candles are used to aid in the cleansing of the ear of excess wax and have also been reported to improve hearing and sinus drainage. Restores an overall feeling of balance.

60 Minutes \$80

TERRA STONE THERAPY

As hot stones are used to massage your body, you can feel the tension melt away while ridding your body of unwanted toxins. These stones are placed on the body strategically to enhance the feeling of oneness with the earth, reconnecting us to our basic elements.

90 Minutes \$135



Facials



JUST A PICK-ME-UP

A half hour facial including cleansing and exfoliation followed by a mask and moisturizer for your skin type. No extractions. Leaves you feeling refreshed.

30 Minutes \$40

CASABLANCA EUROPEAN CLEANSING

Our most popular facial includes personal skin analysis, deep cleansing, steaming, exfoliation, facial massage, mask, toning and moisturizing.

60 Minutes \$75



TANTALIZING BACK "FACIAL"

For those who wish to have their backs feeling cleansed, refreshed and relaxed. A deep cleansing, exfoliating and extraction process, followed by a relaxing back massage. A treatment especially loved by men.

60 Minutes \$75

ESSENTIAL HYDRATING FACIAL

This innovative treatment is beneficial for any skin type but ideal for water-starved skin. This facial will restore the skins' ability to hold on to its natural moisture, alleviating dry, tight skin. Leaves the skin hydrated and smooth.

60 minutes - \$90

REGENERATING AROMATHERAPY

Revitalize and restore skin. Benefits all skin conditions and assists in reducing fine lines. Essential oils are used to customize facial to particular skin care needs. Improves the skin and the spirit. Includes hand and foot massage.

60 Minutes \$90

GENTLEMAN'S FACIAL

Designed for the discerning male. A deep cleansing facial followed by our herbal enzyme peel. Included is a facial massage and moisturizing for dehydrated skin. Leaves men feeling pampered and refreshed.

60 Minutes \$85

ROSE RENEWAL FACIAL

A luxurious relaxing treatment using organically grown Rose preparations, to soften and soothe the skin. Stress relieving massage techniques are used to release tension in the scalp, arms, neck and shoulders as well as the face, to enhance the experience of this unique aromatic facial.

60 Minutes \$105

ORANGE WELLNESS FACIAL

Escape as you inhale the sweet scents of pure essential oils while your skin is bathed in a soothing orange-essence milky cleanser under a warm steam. A relaxing acupressure facial massage followed by a vitamin-rich creamy masque will help you to de-stress. Arms and hands are also cleansed, exfoliated and massaged for a totally unique and refreshing experience.

90 Minutes \$115



OXYGEN FACIAL

This treatment includes cleansing, toning, extractions, enzyme peel and a facial, neck, arm and hand massage. Concentrated, molecular oxygen, together with vital skin nutrients are sprayed on the skin, assuring that delivery occurs in its' purest, most energizing and vital form. Oxygen is known as an anti-bacterial agent and is effective in reducing inflammatory as well as postulated conditions.

90 Minutes \$120

REJUVENATING ANTI-AGING FACIAL

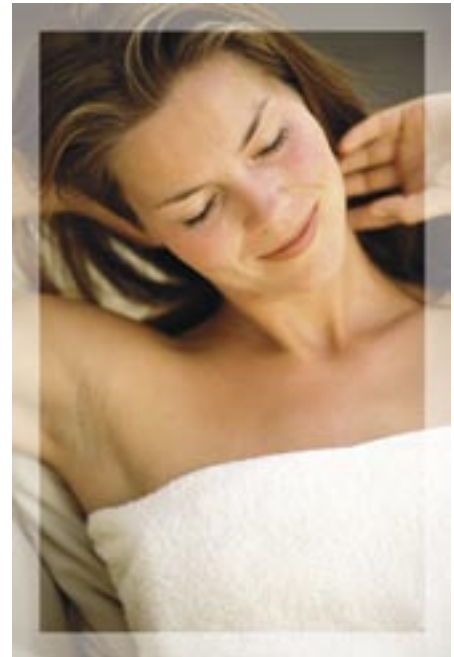
Diminish fine lines and get an instant lift with this anti-aging facial. Mineral rich Marine Spring water products are lavished on your face to increase cellular turnover and to stimulate the production of elastin and collagen. It will leave you with visibly younger looking skin.

60 minutes \$100

VITAMIN C FACIAL

This facial is designed where the only ingredients used is nature itself. Vitamin C combined with powerful antioxidants will leave your skin feeling and looking more youthful and radiant. Get ready to glow.

60 Minutes \$90



DETOXIFYING SEAWEED FACIAL

Purified skin is beautifully achieved as the deep cleansing and detoxifying marine agents used throughout this facial, release their active ingredients to alter the course of problematic skin. A second customized mask will improve circulation and leave your skin fresh and glowing for days.

90 minutes \$125

These services may be added to some facials for an additional cost: Chamomile Enzyme Peel-refining, Collagen for eye or lip, Oxygen application.



ANY OF THE FACIALS CAN BE DONE IN A COUPLES SETTING FOR AN ADDITIONAL \$10.

WAXING SERVICES

Rid yourself of unwanted hair with depilatory waxing. Must be booked in advance in conjunction with facials.

Lip, Chin & Eyes - Choice of one	\$12
Lip, Chin & Eyes - Choice of two	\$20
Lip, Chin & Eyes - Choice of three	\$25
Bikini	\$25
Back	\$40
Arms	\$30
Under Arms	\$25
Full Face	\$35
Half Leg	\$30
Full Leg	\$45



DESIGN YOUR OWN PACKAGE

Any two treatments	10% discount
Any three treatments	15% discount
Any four treatments	20% discount

ASK ABOUT OUR TREATMENT OF THE MONTH

Packages are Monday through Friday and are subject to availability. Spa discounts are not available in conjunction with any other discounts, promotions, packages or valid with corporate and golf group discounts. Management reserves the right to modify, change, or cancel these promotions at any time and without prior notice.



Day Salon Packages



DELUXE SPA PEDICURE W/MASK \$57.00
A rejuvenating foot mask leaving the feet feeling cool, soft and moisturized.

SPA PEDICURE W/PARAFFIN \$64.00
Penetrating heat eases aching joints, relaxes stiff muscles, increases circulation and leaves skin soft and super moisturized.

SPA PEDICURE W/SUGAR SCRUB \$57.00
Sugar cane crystals gently buff away aging skin cells, polishes, cleans and unclogs pores.

ULTIMATE SPA PEDICURE \$69.00
Sugar Scrub & Paraffin

ULTIMATE SPA PEDICURE W/MASK \$79.00
Foot Mask, Sugar Scrub, Paraffin

ULTIMATE SPA FOOT RESTORER PEDICURE \$89.00
Foot Mask, Sugar Scrub, Paraffin & Calus Eliminator

RELAXATION \$99.00
Pedicure • Manicure • Paraffin Hands & Feet

REJUVENATING \$120.00
Deluxe Spa Pedicure with Mask, Sugar Scrub
Paraffin Hands & Feet • Oil Manicure

REFRESH YOURSELF
Deluxe Pedicure • Manicure • Hair Style from \$115.00
with Hair Cut from \$135.00

Salon Hours are 8am-5pm. Hours vary seasonally.
Call 866-401-6023 for an appointment.

CANCELLATION POLICY: Appointments not cancelled 24 hours in advance and appointments booked same day are subject to a 50% cancellation fee.

Casa Blanca Salon



HAIR STYLING

Hair Cut	from \$30.00
Blow Dry & Style	from \$30.00
Mens Cut	from \$25.00
Shampoo/Reconstructor/Condition	from \$25.00
Updo	from \$50.00

COLOURING

One Process	from \$65.00
Weaves & Highlights	from \$75.00
additional colors	each \$12.00

WAVING

Full Perm	from \$80.00
Spiral Perm	from \$125.00

PAMPER YOURSELF

Makeup	\$40.00
Facial Waxing - Lip, Chin & Eyebrows	\$30.00
Waxing Each	\$12.00
Paraffin Hands	\$17.00
Paraffin Feet - after pedicure only	\$17.00

NAILS

Manicure & Paraffin	\$39.00
Manicure	\$24.00
French Manicure	\$28.00
Oil Manicure	\$27.00
Spa Pedicure	\$47.00
Full Set	\$50.00
Full Set - Pink & White	\$55.00
Fills	\$40.00
Nail Repair	\$7.00
Nail Art - Per Nail	\$3.00
Nail Art - All Nails	\$12.00
Buff & Polish	\$17.00
Polish - Hands only	\$15.00
French Buff & Polish	\$20.00